



*creative school for children*  
 AN EDUCATIONAL RESEARCH CENTER FOR CHILD DEVELOPMENT  
 AT THE UNIVERSITY OF CENTRAL FLORIDA

## Weekly Menu

### 11/13/2017 – 11/17/2017

<b>M3</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Afternoon Snack</b>
Monday	Rice Krispies Bananas Milk	WG Wheat Rolls Diced Chicken Mandarin Oranges Salad Milk	Animal Crackers Applesauce Milk
Tuesday	Waffles Peaches Milk	Chicken Patty Sandwich Pineapple Mashed Potatoes Milk	WG Sun Chips Milk
Wednesday	Biscuits w/Jelly Mandarin Oranges Milk	Ground Beef Black Beans Pears Soft Tortilla Cheese Milk	WG Cheez-Its Pears Water
Thursday	Bagel w/Jelly Pears Milk	Chicken Nuggets Broccoli Peaches WG Wheat Roll Milk	WG Tortilla Chips Salsa Apple Juice
Friday	WG Cheerios Apples Milk	Pasta w/Marinara Sauce Cheese Stick Green Beans Bananas Milk	Granola Bar Peaches Milk



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## Weekly Menu 11/20/2017 – 11/24/2017

M4	Breakfast	Lunch	Afternoon Snack
<b>Monday</b>	Rice Krispies Bananas Milk	Turkey Corn Dog Corn Peaches WG Wheat Roll Milk	Oatmeal Cookies Apples Milk
<b>Tuesday</b>	WG Bagel w/Jelly Oranges Milk	Diced Chicken Carrots Pineapple Rice Milk	Peaches Teddy Grahams Milk
<b>Wednesday</b>	WG English Muffin w/Jelly Pears Milk	Egg Patty Mandarin Oranges Tator Tots Bread Milk	WG Tortilla Chips Salsa Milk
<b>Thursday</b>	WG Cheerios Peaches Milk	Cheese Pizza Apples Peas Milk	Ritz Crackers Cheese Stick Milk
<b>Friday</b>	French Toast Bananas Milk	Fish Nuggets Broccoli Pears WG Roll Milk	Goldfish Pineapple Water



## Weekly Menu

### 11/27/2017 – 12/01/2017

<b>M5</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Afternoon Snack</b>
<b>Monday</b>	Blueberry Muffin Bananas Milk	Pasta w/Marinara Cheese Stick Peas Mandarin Oranges Milk	WG Sunchips Apples Milk
<b>Tuesday</b>	Cheerios Pears Milk	Chicken Nuggets Mashed Potatoes Peaches Wheat Roll Milk	Goldfish Crackers Milk
<b>Wednesday</b>	English Muffin w/Jelly Applesauce Milk	Grilled Cheese Sandwich Tomato Soup Green Beans Mandarin Oranges Milk	Tortilla Chips Cheese Milk
<b>Thursday</b>	Pancake Oranges Milk	Fish Nuggets Corn Apples WG Wheat Roll Milk	Ritz Crackers Cheese Stick Water
<b>Friday</b>	Crispy Rice Cereal Bananas Milk	Sweet and Sour Chicken Carrots Pears Rice Milk	WG Wheat Thins Oranges Water



## Weekly Menu 12/04/2017 –12/08/2017

<b>M6</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Afternoon Snack</b>
<b>Monday</b>	WG Cheerios Banana Milk	Vegetable Soup Pineapple Cheese Stick Wheat Bread Milk	WG Tortilla Chips Salsa Water
<b>Tuesday</b>	WG Bagel w/Cream Cheese or Jelly Mandarin Oranges Milk	Chicken Cheese Quesadilla Salad Peaches Milk	Ritz Crackers American Cheese Milk
<b>Wednesday</b>	WG English Muffin Apples Milk	Diced Chicken Carrots Mandarin Oranges Rice Milk	Cheez-Its Peaches Milk
<b>Thursday</b>	Rice Krispies Pears Milk	Mac and Cheese Apples Corn WG Wheat Roll Milk	Goldfish Crackers Pears Milk
<b>Friday</b>	Waffles Peaches Milk	Cheese Pizza Broccoli Pineapple Milk	WG Wheat Thins Bananas Water



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## Weekly Menu 12/11/2017 – 12/15/2017

<b>M1</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Afternoon Snack</b>
<b>Monday</b>	Applesauce Pancakes Milk	Diced Chicken Carrots Bananas Rice Milk	Peaches Sun Chips Water
<b>Tuesday</b>	Oranges Cheerios Milk	Chicken Nuggets Peas Pineapple Bread Milk	Cheez-Its Milk
<b>Wednesday</b>	Peaches English Muffin w/Jelly Milk	Macaroni and Cheese Broccoli Pears Milk	Tortilla Chips Salsa Milk
<b>Thursday</b>	Pears Egg Patty Milk	Ground Beef Corn Apples Soft Tortilla Milk	Cheerios Applesauce Water
<b>Friday</b>	Bananas Bagels Yogurt Milk	Cheese Pizza Carrots Peaches Milk	Chex Mix Milk



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## Weekly Menu 1/01/2017 – 1/05/2017

<b>M2</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Afternoon Snack</b>
<b>Monday</b>	WG Cheerios Mandarin Oranges Milk	Beef Hamburger Baked Beans Pears Milk	Goldfish Peaches Water
<b>Tuesday</b>	Rice Krispies Apples Milk	Turkey Corndog Green Beans Mandarin Oranges WG Roll Milk	Ritz Crackers American Cheese Apple Juice
<b>Wednesday</b>	Blueberry Muffins Strawberry Yogurt Pears Milk	Fish Nuggets Roll Peaches Mashed Potatoes Milk	Applesauce WG Wheat Thins Water
<b>Thursday</b>	WG English Muffins Applesauce Milk	Diced Chicken Carrots Pineapple Rice Milk	Pretzels Milk
<b>Friday</b>	Egg Patty Bread Mandarin Oranges Milk	Grilled Cheese Banana Corn Milk	WG Sun Chips Milk